

Miso-Sesame Vinaigrette That's Good on Anything

from cooking.nytimes.com

5 minutes

(1 serving

Ingredients

2 medium garlic cloves, smashed with the side of a knife

1 small shallot, roughly chopped

2 tablespoons shoyu or tamari

2 tablespoons balsamic vinegar

2 tablespoons red or white wine vinegar

1 tablespoon light miso paste

1 tablespoon dark brown sugar

1/2 cup grapeseed, vegetable or canola oil

2 tablespoons toasted sesame oil

2 tablespoons toasted white or black sesame seeds

Directions

- 1 Combine garlic, shallot, shoyu, vinegars, miso and sugar in a blender and blend on high speed until homogenous. (Alternatively, mash garlic and shallots in the bowl of a large granite or marble mortar and pestle into a fine paste using the pestle, then stir in the shoyu, vinegars, miso and sugar.)
- With the blender running on medium speed (the liquid should form a vortex but not jump up and splatter on the walls of the blender), slowly drizzle in the grapeseed oil. (If using a mortar and pestle, slowly drizzle in the oil as you stir vigorously with the pestle.)
- 3 Transfer to a lidded jar. Stir in the sesame oil and sesame seeds with a spoon. Dressing can be stored in the refrigerator for up to 3 weeks. Shake well before using.